

CURRENT OFFICERS:

President: Malcolm Blue

798-6843 • mac_blue@juno.com

Vice President: Bob Dannecker Jr.

687-2511 • bob2helen@juno.com

Secretary: Joyce Dannecker

648-9467 • rdannecker@citlink.net

Treasurer: Regina Losinger

729-3265 • losinger_R@sunybroome.edu

BOARD OF DIRECTORS:

Bob Dannecker Sr. • Karen Koscianski Craig Martindale • Tom Nickerson • Don Rice

STBC ADDRESS:

STBC, Inc.

PO Box 0601 · Binghamton, New York 13902-0601

STBC is on the Internet. Our home page: http://pages.prodigy.net/ira/stbc.htm

For Jay's extensive Tuesday Ride database, go to: http://home.stny.rr.com/jaysweb/tuesbike/tuesbike.html

To subscribe to the club e-mail list, send a blank message to: stbc-subscribe@topica.com

To write to the list, send a message to: stbc@topica.com.

You can also do these things by visiting the topica web site at: http://www.topica.com

Nearby clubs with home pages: Finger Lakes Cycling Club: www.flcycling.org Tioga Velo: http://www.tier.net/tiogavelo/

ABOUT THIS NEWSLETTER

This newsletter is published 2 times a year: Spring, Summer/Fall. Any items for sale by club members or other listings must be submitted by May 1st for the Summer/Fall newsletter. Send all submissions to:

STBC NEWSLETTER

PO Box 0601 • Binghamton, NY 13902-0601

or

e-mail one of the officers.











WANTED: RIDE LEADERS

The ride committee is looking for ride leaders for future club rides. All a ride leader is required to do is:

- 1. Know where you want to go
- 2. Have an idea of how to get there
- 3. Know the level of difficulty based on the ride grading so we can provide correct rating
- 4. Have a starting point and time
- 5. Get parking permission for your meeting place
- 6. Find a sub if you cannot lead your scheduled ride
- 7. Show up on time
- 8. Hand out waivers

Many leaders "scout out" a route before the ride, taking care of items 1-6 above. If interested in leading a ride, or joining the ride committee, please contact Malcolm Blue at 798-6843 or email at mac_blue@juno.com.

RECOMMENDED EQUIPMENT:

ID, water bottles, spare tube, patch kit, pump, basic tools, food, spending money, appropriate clothing, sunglasses, and sunscreen.

RIDE CATEGORIES / SPEED & TERRAIN

Speed rating (pace on level ground):

AA: Over 22 mph

- A: 19-22 mph Advanced pace with few stops.
- B: 16-19 mph Vigorous pace with occasional stops.
- C: 13-16 mph Steady pace, rest stops every hour.
- D: 10-13 mph Sightseeing pace, semi-frequent stops at key points to wait for riders
- points to wait for riders.

 E: Under 10 mph Relaxed pace, frequent stops to wait for everyone.

MBR: Mountain Bike Ride

Terrain

- 1. Multiple long and/or steep climbs.
- 3. Rolling with some hills.
- 4. Generally flat or folling.
- 2. Multiple and/or large hills.

Ride Rating Example:

"D/4/30" 10-13 mph over flat terrain, 30 miles.

ATTENTION

Participation in all STBC activities is at your own risk. The club cannot take any liability for personal injury or loss of property occurring during these activities. Due to the inherent dangers of riding on the highways, STBC requires the use of a CPSC, ASTM, ANSI, or Snell approved helmet and the observance of all traffic laws.

All participants must first sign the club waiver form (see enclosed) for the current year before participating in any club rides.

WRITTEN ROUTE INSTRUCTIONS:

If maps and/or cue sheets are provided for all riders, the leader is not obligated to wait for slower riders on AA, A, B, and C rides. Otherwise, ride leaders on all rides are expected to keep track of riders.



A NOTE FROM THE PRESIDENT

Greetings! I just want to pass along a few thoughts and not to take up too much of your time, so I'll make it short and sweet. STBC's bicycle upcoming season is shaping up to be just as enjoyable as last years. The interest in riding is growing; even now as I type this note in early March I have the first posted ride of 2003 in my inbox.



During our board and annual general meeting some issues arose that required some change while keeping traditions status quo. STBC has many traditions such as the Sunday Breakfast Ride that finishes with a clockwise ride around Otsiningo Park, or our \$2 dollar dues; it's something you just don't mess with. STBC has had to increase the Great Finger Lakes Bicycle Tour fee a few dollars and the Annual Spring Dinner is up 2-bucks over last year's price. The "BRAT" has been replaced with the "GRAB" and a new location was selected to allow for better sleeping conditions, but the price remains the same. The spring and fall roadside cleanup will continue with a free breakfast for the workers. I need to pass on a compliment of gratitude from residents regarding the STBC highway cleanup effort for a job well done. The value of a dollar may change but traditions have merit beyond monetary assessment and STBC members sincerely embrace this principle.

So onward we peddle, joining old friends, making new friends, sharing warm moments, and recalling riding tales of the past while taking heart that each new mile will be better than the last

Malcolm Blue

CLYDE POWELL MEMORIAL BREAKFAST RIDE

EVERY SUNDAY MORNING (E)

Clyde Powell became a cycling enthusiast at the age of 70 and began a daily trek around Binghamton.

7:45 AM Floral Avenue Fire Station, Johnson City

An easy-paced ride that meets all year!!! Each Sunday morning, cyclists gather at the Floral Avenue firehouse (2 blocks from the traffic circle) and embark on a short, flat ride to a local restaurant for breakfast. The leader and destination may change, depending on the inclination of the riders. Many continue riding after breakfast, usually through the parks on Binghamton's North side.

TUESDAY MORNING RIDE SERIES

Are you bored? Join us every Tuesday. We are flexible to destinations, time and to the abilities of the participants. We never leave anyone behind. Rides are kept to a speed rate of C or D - terrain 3 or 4 - 20 to 40 miles. Lunch or breakfast is usually included in the ride. We are looking for retirees, homemakers, or people who wish to play hooky. TRY IT, YOU'LL LIKE IT! This is a year around effort. Activities change with the seasons; bike, hike, ski. Check the STBC website for particulars on Mondays or call Jeanette at 724-6526 or Louise at 724-4255.

Walk 'N' Roll 2003, May 10 · 17

STBC is participating in BMTS' week-long celebration of walking, hiking, bicycling, and in-line skating. The goal of this celebration is to encourage the general public to take advantage of local non-motorized transportation and recreation opportunities.

STBC rides for the week of May 10th to 17th have been included in the Walk 'N' Roll calendar of events that will be distributed to bike shops, posted in various locations, and sent out as press releases.

STBC encourages club members to celebrate Walk 'N' Roll 2003 by taking part in at least one of the advertised STBC club rides, and by bicycle commuting May 10th to May 17th rather than driving your car.

NYBC Workshop, June 4th

The NY Bicycle Coalition will be holding a FREE bicycle and pedestrian planning workshop in our area. The workshop will include:

MORNING SESSION, 9:30AM-12:30PM, Presentations with local middle schools to identify problems and concerns.

AFTERNOON SESSION, 2:00PM-4:30PM,

Presentations by government, industry and specialists. –open to the public

INTERMISSION, 4:30PM-6:00PM

Food Break/Exercise Break

EVENING SESSION, 6:00PM-8:00PM,

Discussion and Action Plan with clubs, enthusiasts, and advocates. – Open to the public.

Location of events is yet to be determined.

www.nybc.net or 518-436-0889

COMING THIS SUMMER: STBC 2003 Century Series

Touring pace (C 13 – 16 mph) Flat to rolling terrain

¼ century
 ½ century
 Metric century
 Full century
 July
 August
 September

Ride leaders: Regina Losinger (1/4, 1/2, metric century)

John Ruth (full century)

Look for ride details in this newsletter!

The **GRAB** is coming!

The **GRAB RIDE** will be the second weekend August 8-10 at Beldon Hill Camp Ground, 1843 Rt. 7, Harpursville, New York. This site is known for its peace and quiet with a picturesque view. A \$30.00 per person fee includes rides/camping & dinner; a \$10.00 per person fee includes only rides & dinner. When you arrive please stop at the office to register but remember all fees are included through your STBC registration fee so there is no additional charge. Onsite facilities include a camp store, two Laundromats, rest rooms with hot showers, nature trails, and a pond for fishing. You may register early by sending a check made payable to STBC Inc., PO Box 0601 Binghamton, New York 13902-0601 and indicate GRAB in the purpose line or use the form published in the next newsletter.



RIDE SCHEDULE SPRING 2003

TUESDAY MORNING RIDE, APRIL 1

Call Jeanette 724-6526 or Louise 724-4255 for details.

55 for details.

WEDNESDAY EVENING RIDE, APRIL 2

5:30 PM Chenango Valley State Park, Beach Parking Lot, Bob Dannecker Sr., 648-9467

SATURDAY, APRIL 5

10:30 AM Whitney Point (Meet at McDonalds / convenience store, park in left rear corner of parking lot) D/4/18 Brunch, Bob & Joyce Dannecker 648-9467. Kick off the season with this easy ride up to Marathon for the annual Maple Syrup Festival and a couple of hours devoted to lunch (or brunch) and browsing among the exhibits. The route generally follows US 11, but there are a couple of options available.

SUNDAY, APRIL 6

1:00PM, Rec. Park in Binghamton,

MYSTERY RIDE –Ride leader and destination to be determined by those that show up.

TUESDAY MORNING RIDE, APRIL 8

WEDNESDAY EVENING RIDE, APR 9

5:30 PM Chenango Valley State Park, Beach Parking Lot, Bob Dannecker Sr., 648-9467

SATURDAY, APRIL 12

10:00 AM, Courthouse Square, Owego, C/2/35, Bob & Helen Dannecker 687-2511. Ride to Hamley's Maple Farm near Halsey Valley for a lunch of pancakes and maple syrup. Includes a big climb just before lunch to work up your appetite.

SUNDAY, APRIL 13

1:00PM, Meet in Chenango Forks (Rte. 12) where they park by the river. John Ruth, 651-9939, MOUNTAINBIKE RIDE. Two to three hours through Chenango Valley State Park. Hilly but groomed trails.

TUESDAY MORNING RIDE, APRIL 15

WEDNESDAY EVENING RIDE, APR 16

5:30 PM, Chenango Valley State Park, Beach Parking Lot, Bob Dannecker Sr., 648-9467

SATURDAY, APRIL 19 HIGHWAY CLEANUP, 7:00AM at Dennys on Front St. for breakfast on the STBC. After breakfast drive to St. Rita's church on Rt. 12 and begin highway cleanup at 8:00 AM. There will be a short safety talk and I will need those that show up to sign a waiver from the DOT. Those interested in helping to keep our section of Route 12 should call so I can have a count for breakfast. Those not interested in going to breakfast can meet at St. Rita's parking lot at 8 am. For info, contact Paul Natelli 754-5251 or email pnatelli@stny.rr.com. There will be a bike ride after the cleanup, possibly to Whitney Point for lunch.

SUNDAY, APRIL 20

1:00 PM, P&C parking lot in Owego, C/3/40, Denny Voorhees, 570-888-1426, Ride out to Sayre for possible ice cream stop before returning to Owego.

TUESDAY MORNING RIDE, APRIL 22

WEDNESDAY EVENING RIDE, APR 23

5:30 PM, Chenango Valley State Park, Beach Parking Lot, Bob Dannecker Sr., 648-9467

FRIDAY, APR 25, STBC SPRING DINNER

See inside back cover for registration.

SATURDAY, APRIL 26, EARTHFEST

10:00AM, St. Rita's church in Chenango Forks, D/3/25, Bob & Helen Dannecker, 687-2511

Ride to the Earthfest at BCC to check out the exhibits and have lunch. Note: If the highway clean-up scheduled for the 19^{th} gets rained out, then we will have the cleanup before this ride.

SUNDAY, APRIL 27

1:00 PM, parking lot behind Velodynamics in Owego, C/2/40, Larry Holmquist 625-2587, Ride up 38B and West Creek Road to Speedsville, then across Glen road to Berkshire, & return on 38B. Gradual Hill on Glen Road.

TUESDAY MORNING RIDE, APRIL 29

WEDNESDAY EVENING RIDE. APR 30

5:30 PM, Chenango Valley State Park, Beach Parking Lot, Bob Dannecker Sr., 648-9467

FRIDAY ICE CREAM RIDE, MAY 2

5:30 P.M. MacArthur Park, Vestal Ave. 18 miles to ice cream store in Hillcrest John Ruth - 651-9939



SATURDAY, MAY 3

10:00AM Windsor High School, south side of town, D/3/35 LUNCH Tom & Judy Frisinger will host one of our CLASSICS, The River Crossing ride. Pedal from Windsor to Afton for lunch and return. This is an easy ride for those of us who still have legs in spring training. Great views of the river before the leaves come out.

SUNDAY, MAY 4

11:00AM, Walmart South of Norwich on Route 12, C/3/44, John & Carol Noris, 785-1166. Ride to Sherburn for lunch, return through Otselic

TUESDAY MORNING RIDE, MAY 6

WEDNESDAY EVENING RIDE, MAY 7

6:00 PM Giant Market parking lot in West Corners, Karen Koscianski 786-5619

FRIDAY ICE CREAM RIDE, MAY 9

5:30 P.M. MacArthur Park, Vestal Ave. 18 miles to ice cream store in Hillcrest John Ruth - 651-9939

SATURDAY, MAY 10

10:00AM behind Jerico Inn. Bainbridge, C/2/33.

Bob & Joyce Dannecker, 648-9467, PICNIC LUNCH. Ride north to Guilford, then east to town park at Martin Brook north of Unadilla. Return on Route 7 or River Road.

SUNDAY, MAY 11

1:00 PM, Eckerd parking lot in Owego, C/2/35, Don & Dotti Rice, 785-8930. Ride south from Owego to the tiny town of Waits & return.

MAY 12-16, BIKE TO WORK WEEK

The League of American Bicyclists is promoting May 16th as Bike to Work Day, May 12th-16th as Bike to Work Week, and May as National Bike Month. This is our chance to show the bike as more than just a recreational toy. What other vehicle will help you protect the environment, reduce foreign oil dependence and keep you fit all at the same time?

TUESDAY MORNING RIDE, MAY 13

WEDNESDAY EVENING RIDE, MAY 14 6:00 PM Courthouse Square in Owego,

D/2/15, Helen Dannecker, 687-2511. Ride north on route 38. Hilly return on Gaskill and Lisle roads.

FRIDAY ICE CREAM RIDE, MAY 16

5:30 P.M. MacArthur Park, Vestal Ave. 18 miles to ice cream store in Hillcrest John Ruth - 651-9939

SATURDAY, MAY 17

10:30AM Courthouse Square in Owego, C/4/24, Bob & Helen Dannecker 687-2511. Ride to Candor for lunch, then visit Side Hill Acres Goat Farm and Store before returning to Owego.

SUNDAY, MAY 18

9:00 AM, Old Whitney Point High School, C/2/40, Don & Dotti Rice, 785-8930. Ride to McDonough for goodies at old general store.



TUESDAY MORNING RIDE, MAY 20

WEDNESDAY EVENING RIDE, MAY 21

6:00 PM Giant Market parking lot in West Corners, Karen Koscianski 786-5619

SATURDAY, MAY 24

9:00 AM at fisherman's access off route 369 in Port Crane, C/3/45, Tom Nickerson, 775-4826. Ride to Marathon.

SUNDAY, MAY 25

1:00PM, Grippen Park in Endicott,

MYSTERY RIDE - Ride leader and destination to be determined by those that show up.

TUESDAY MORNING RIDE, MAY 27

WEDNESDAY EVENING RIDE, MAY 28

6:00 PM Courthouse Square in Owego,

D/2/15, Helen Dannecker, 687-2511. Ride north on route 38. Hilly return on Gaskill and Lisle roads.

FRIDAY ICE CREAM RIDE, MAY 30

6:00PM Endicott, Pat Mitchell's - Kmart Plaza, Paul Natelli 754-5251

SATURDAY, MAY 31

9:30AM at Rec. Park in Binghamton, C/3/38, John Mannino, 797-8036. Ride to Hallstead via route 7. Return on route 11. Munch in Hallstead.



SUNDAY, JUNE 1st, Dinner

3:30 pm 209 Conklin Ave (park between The Relief Pitcher & Pino's) C/1/21 Malcolm Blue 798-6843

Come climb the scenic back hills of Binghamton. We'll head for Burr Ave; which blends into Pierce Creek Rd then turn up Brady Hill Rd heading for the summit on Progy Rd with an elevation change of nearly 1000 ft. On the return we'll be able to dry off with a plunge down Pennsylvania Ave then turning onto Vestal Ave heading back to Pino's for dinner. This is a very challenging ride with multiple long and steep climbs

TUESDAY MORNING RIDE, JUNE 3

WED EVE HATHA YOGA BIKE RIDE, JUNE 4

6 pm, Recreation Park parking lot (Beethoven St.) C/4/20 Regina Losinger 727-5451

20 mile ride (direction to be decided by the group!) followed by Hatha Yoga in the park as the sun sets. Yoga beginners welcome!

JUNE 6-8th, Great Finger Lakes Bike Ride

See details and registration form on inside of last page.

SATURDAY, JUNE 7th, Ice Cream & Lunch

10 am Hammonds Port, Keuka Lake Loop

C/3/44 Malcolm Blue & Regina Losinger 607-727-5451 (cell)

Starting from Hammonds Port Town Square travel clock wise around scenic Keuka Lake stopping in Penn Yan for snacks and Home Made ice cream. After resting continue along Keuka Lake dropping down off route 54 to the lakeside wooded roads stopping at the Switzerland Inn for lunch on the dock. Then continue along beautiful lake roads returning to Hammonds Port.

TUESDAY MORNING RIDE, JUNE 10

WEDNESDAY EVENING BIKE RIDE, JUNE 11

6 pm, 5-mile Point Park and Ride C/2/20-25 miles Tom Nickerson 775-4826

PRESIDENTIAL ICE CREAM RIDE, JUNE 13

6 pm, Recreation Park parking lot (Beethoven St.) D/4/15-20 Malcolm Blue 798-6843

SATURDAY JUNE 14th

10:00 am Hickories Park (Lower Level)

D/4/20 Chrys & Steve Herndon 786-3921

Casual ride loop over bridge to 434 and Marshland Rd., over new Exit 66 bridge to Rt 17C return to Hickories Park. Ice cream stops along the way.

SUNDAY, JUNE 15th Father's Day Bike Ride

1:00 PM Recreation Park Parking lot near Carousel

E/4/10 miles Ashlyn and Vince Kelley 729-3265

Bring your Dads and join us on a leisurely Father's Day ride around the West Side of Binghamton and Johnson City. Bring money as you will have to buy your Dad an ice cream cone towards the end of the ride.

TUESDAY MORNING RIDE, JUNE 17

WED EVE HATHA YOGA BIKE RIDE, JUNE 18

6 pm, Recreation Park parking lot (Beethoven St.), C/4/20 Regina Losinger 727-5451

20 mile ride (direction to be decided by the group!) followed by Hatha Yoga in the park as the sun sets. Yoga beginners welcome!

PRESIDENTIAL ICE CREAM RIDE, JUNE 20

6 pm Grippen Park, Endicott D/4/15-20 Malcolm Blue 798-6843

SATURDAY, JUNE 21st, Lunch

10:00 am Moravia Elementary School Parking Lot

C/2/45 Karen Sambursky 797-0626

Theme: First Day of Summer Lake Ride so wear your brightest and most "wild and crazy" bike clothes. We will go up one side of Owasco Lake, via Rockefeller Rd. (County Route) Right on 38 A South to Mandana, Left on 41 A to Skaneatlas Lake. We will stop in town there for lunch and a tour through the town before heading back to Moravia on Rt.391The loop back on 41 to 38A. There are just a few challenging climbs, but the pay off is awesome views of the lakes and rolling hills.

SUNDAY, JUNE 22nd, Lunch

10:00 AM, Deposit (Parking lot on NY 10 north of Wendy's)

C/2/43 Bob & Joyce Dannecker 648-9467

We'll ride south into Pa. on some quiet country roads — a long climb, a great downhill along a stream, and then into Hancock for lunch. After lunch it's a long, gradual climb north to the Cannonsville Reservoir, then an easy ride along NY 10 back to Deposit.

TUESDAY MORNING RIDE, JUNE 24

WEDNESDAY EVENING BIKE RIDE, JUNE 25

6 pm, 5-mile Point Park and Ride C/2/20-25 miles Tom Nickerson 775-4826

"No, Regina, I'm not doing Yoga!"

PRESIDENTIAL ICE CREAM RIDE, JUNE 27

6 pm, Rec. Park parking lot (Beethoven St.) D/4/15-20 Malcolm Blue 798-6843

SATURDAY, JUNE 28th Del Gados

3:30 pm, Recreation Park parking lot (Beethoven St.)

C/4/25 Regina Losinger 727-5451

2003 STBC CENTURY SERIES: 1/4 CENTURY The 2003 STBC century series begins with an easy 25 ride around the River Road Loop followed by dinner at Del Gados. Hope to see you there!

SUNDAY, JUNE 29th, Snack

4:30 pm Grippen Park, Endicott

B/4/44 Malcolm Blue 798-6843

Depart from Grippen Park for round trip ride to Candor via NY17C to Owego, zigzag through town and in Candor on NY96. We'll have a brief stop in Candor to munch on some snacks then back track to Grippen Park. I hope with daylight permitting we maybe able to have some Ice Cream at Pat's too.

23rd Great Finger Lakes Bicycle Tour June 6-8, 2003 Watkins Glen, NY

Two days of touring from WGSP Hidden Valley group Camp, 3 miles W of Watkins Glen, NY at the end of NY 329 (off NY 14, near Burger King, at light).

FRI: Arrive after 4 p.m. Social 9-11 p.m. SAT/SUN: Multiple options from 0 to 90 miles. Wineries on routes. Helmet required.

ACCOMMODATIONS: Your sleeping bag on a bunk in a cabin (\$5 fee) or in your tent (free). Spacious lawns for tenting. Bathrooms, showers.

FEE: includes Friday 9-11 social, tenting Fri and Sat nights, Sat wakeup coffee, Saturday dinner, Sun breakfast, maps, sag, repair service, waterbottle, parking. Fee is \$60 until May 15, and \$70 after May 15. 100% refundable prior to June 1. Current STBC membership is required.: \$2/individual, \$3/family.

ENTRY FORM:

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STBC	Spring Dinner:	April 25, 2003	_ — — — — - @ 6:30, dinr	 ner @ 7				
	Brother's 2 Ro	estaurant, 2901 W	/atson Bouleva	ard Endwell	New York			
	Buffet with 6 entree	s including veget	arian • Appet	izer & Dess	ert • Cash Bar			
	Complete this form	and mail with che	eck payable to	STBC by A	oril 19, 2003 to:			
		STBC INC. PO Box 060 Binghamton	1 New York 139	02-0601				
	Name		Phone	#		_		
	Number a	attending x \$	\$12.00 = \$	Total enc	losed			

Further Info 773-1512





STBC Newsletter • Spring 2003



OUT OF BOUNDS

For bike tours in NYS and surrounding states, check out: www.cyclotour.com/events.htm

The 26th anniversary of the 42 mile **Five Boro Bike Tour** in New York City is May 4th. Phone: 212-932-BIKE, Web: www.bikenewyork.org/

Ride for Research, June 25-29, Four day 300 mile charity ride from Saranac Lake to Ithaca. Entry fee: \$25, minimum fundraising: \$500. Web: www.rideforresearch.org

Erie Canal Bike Tour, July 6-13 NY Parks & Conservation Association Phone: 518-434-1583

Web: www.nypca.org/canaltour/

QuadZilla, July 19-20, 350 mile grueling ride through the Finger Lakes. Cost: \$95, Web: http://www.rochesterbicyclingclub.com/ultra/flindex.htm

The **Pennsylvannia Greenway Sojourn** (July 19th through July 25th) is a mountain bike, raft and train ride from Waymart to Washington's Crossing. Biking will be along abandon railroad beds and canal towpaths. Phone: 717-238-1717 Web: www.railtrails.org/field/pennsylvania/active_pages/sojourn/main.asp

Empire State AIDS Ride (8/18 to 8/23) is a 500 mile ride from Niagara Falls to NYC. Fully supported with medical, bike tech and road support. A \$300 entry fee includes three catered meals a day, pit stops, tents, campgrounds and sag vehicles. Fundraising minimum: \$3200. Web: www.empirestateaidsride.org

FOR SALE

Collector's Item - 1976 Silver Shadow road bike, 63 cm frame, Shimano 600 comp., 12 spd. 2622 fair weather miles, excellent condition. Call 607-748-1146, Bill Armstrong

Free: Roof rack for car with rain gutters. Holds two bikes. Call: Bob Dannecker, 687-2511

Local Bicycle Shops

Aeros Cyclery & Ski Center 640 Conklin Road, Binghamton • 724-7313 All American Sports Shop 27 N. Broad Street Norwich • 334-5277 American Cycle Express 223 Main Street Binghamton • 777-1223 BC Bicycles 215 Vestal Pkwy. East, Vestal • 785-3772 Babcock Bicycles 501 W. Main Street, Endicott • 754-0886 Bike Rack 414 College Ave., Ithaca • 277-1010 Chenango Point Cycles 45 Washington Street, Binghamton • 724-7481 Cycle Sport 223 Main Street, Binghamton • 729-9931 Dave's Bike Barn 35 Cartwright Avenue, Sidney • 563-8544 Gear-To-Go Tandems 850 W Clinton St, Elmira • 732-4859 New Milford Bike Shop 195 Main Street, New Milford • 570-465-2169 Serious Toyz 274 Floral Avenue, Johnson City • 231-7266 Ted's Bicycle Shop 110 W. Main Street, Endicott • 785-8163 Velodynamics Bicycle Shop 80 North Avenue, Owego • 687-3915 Wes BMX Inc. 710 Morlando Drive, Endicott • 754-7311



IS THIS
ANY WAY
TO RIDE
A BIKE?

Last Fall's ride to Spencer.



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