



2016 Newsletter

PRESIDENT'S LETTER

The Southern Tier Bicycle Club has a very proud history that dates back to our inception in 1969. It is rich in the significance of the work our club contributes to the cycling community. We are looked upon for our leadership in local cycling issues and for presenting great rides from our annual events to our weekday and weekend rides. We are welcoming to both the new cyclist just getting into the sport and to the experienced one with years in the saddle. We are privileged to play a role in our ever growing bicycling community with all that we do. There has never been a better time to be a member of the STBC! We have so much to offer to our members and if you haven't been riding with us lately, you will find out in this Newsletter, all that you will be missing: Also please always feel free to contact me if you should have any questions, comments, suggestions, or if you would like to volunteer for any of our activities. We're going to have a great 2016 season, together! So Stay Safe ...

Respectfully,
Steve

2016 Great Finger Lakes Bicycle Tour

2016 marks the 36th year of the Great Finger Lakes Bicycle Tour. We will have rides and events for everyone. Many of the rides and hikes will be accompanied by a facilitator that will get you started and help you find riding companions of similar interests and abilities. We have road rides, bike path rides, hiking and trail running options.

Enjoy three days in the beautiful Finger Lakes region of New York State on June 10, 11, and 12th while staying at the secluded Watkins Glen State Park Hidden Valley Group Camp. Choose a ride that is just right for you from a flat and relaxing short ride to a challenging century ride. Walk the beautiful Watkins Glen gorge, hike the Finger Lakes Trail, and ride or run the family friendly Catherine Valley Trail. There will be something for everyone.

Friday: Arrive any time after 1:00pm, get setup and register after 2:00. If you arrive early, any assistance that you can provide in helping us get set up would be greatly appreciated. There will be a hike leaving at 3:00 that features the spectacular gorge at Watkins Glen State Park. At 3:30 we launch a challenging ride to the Sugar Hill Fire Tower and at 4:00 a relaxing ride to the Watkins Glen International Raceway. Join in the catered dinner Friday evening and make the most of the event by studying Saturday's ride options and meeting up with groups that you would like to ride with.

Saturday, there are rides ranging from 15 to 108 miles. Tour through historic villages; enjoy breathtaking views of lakes, waterfalls, gorges, and vineyards. Visit New York wineries along the way that are in beautiful rolling hills carved out long ago by the glaciers that formed the Finger Lakes. We offer free delivery from a select group of wineries to Hidden Valley Group Camp in time for the Saturday evening meal. As an alternative to cycling on the road, take a self-guided hike from camp through Watkins Glen gorge (map provided) or join friends for a hike along the Finger Lakes Trail or on a bike path ride. Breakfast and dinner are provided. You can plan on finding lunch at one of the many restaurants or cafes in the region. Saturday evening, following dinner, enjoy a brief presentation then socialize with friends or join in the bonfire.

On Sunday, we break camp and head out to remote start events. Rides around Keuka are a perennial favorite but many prefer to hike the Finger Lakes Trail, or to bike or run the Catherine Valley Trail. Accommodations: Bring your sleeping bag and bunk in a cabin (\$10/weekend fee) or pitch your tent or camper on the spacious lawns for no additional charge. Clean bathrooms, hot showers, and large dining hall. \$92 Fee includes camping Friday and Saturday nights, catered meals Friday evening, Saturday morning and evening and Sunday morning in modern dining hall. Responsible consumption of adult beverages is fine but the event is BYOB. Hot showers are provided in two large restroom buildings. Also includes maps, sag wagon support, limited repair service (excluding parts) and parking. The event fee is refundable prior to May 28 (minus a \$10 registration fee). Current Southern Tier Bicycle Club (STBC) membership (\$5 fee) and a helmet are required to participate. More information about the event including detailed ride options, event schedule, and registration form are located at: <http://www.greatfingerlakesbiketour.com> or contact Dick Porterfield at 607-3236 or rporterfield@gmail.com

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VOLUNTEERS

The STBC runs on volunteers.

Make sure you acknowledge your gratitude to the leader of your next STBC ride!

STBC ADDRESS:

STBC, Inc.

PO Box 601

Binghamton, New York 13902-0601

bike@southerntierbicycleclub.org

STBC is on the Internet:

www.southerntierbicycleclub.org

New this year:

Ride calendar in Google

See article inside

Editor - joanie.ticknor@yahoo.com

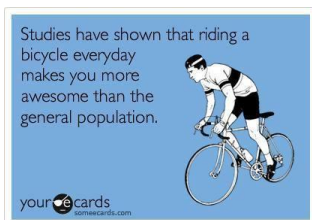
STBC Group on YAHOO!

For up to the minute information about new rides and ride changes/cancellations, subscribe to the STBC Yahooogroup Listserv. To subscribe to the STBC Yahooogroup, follow instructions posted on the STBC website www.southerntierbicycleclub.org by clicking on "email listserv / Yahooogroup".

Please contact the Yahooogroup moderator, Larry Blumberg at LBlumberg@stny.rr.com if you have any questions or run into any problems with your subscription.

Endicott Girl's and Boy's Club Rides

Oasis after school program at the Endicott Boy's and Girl's club will again happen in 2016. There will be after school bike rides, once the weather turns solidly warm and dry. We will probably start Monday April 18. The rides will start as soon after 4:30 as we can get kids out, and must end before 5:45. All routes will be flat, slow and short by STBC standards, but will expose the young folks to fresh air and a little exercise. STBC folks welcome to come along to gauge the maturity and responsibility of the young folks we are turning our planet over to. sbard@binghamton.edu or watch the list serve as time get close.



Sarah Jane Johnson Memorial UMC Dream Center Bicycle Give Away!!

Saturday, May 14, 1-3 PM is the 9th annual Sarah Jane Johnson Memorial UMC Dream Center Bicycle Give Away. Over the past eight years, STBCers have worked with the director of the Dream Center, Patti Cardin, distributing over 1800 bicycles. We will need much help to fit, make adjustments on the bicycle for specific individual, fit free helmets to those getting a bicycle, properly inflate tires, instruct the recipient on

how to lock up the bicycle, and to run a minor skills rodeo and more. We also need assistance in transferring the bicycles to the UHS Parking Lot site across from the church and across from the JC Post Office. Many are presently stored nearby in an apartment house basement. The transport will take place starting at 11 a.m. the morning of the event. More specifics will be posted on the STBC listserv. Our motto is "We have to give back!" All of us have gotten much from our bicycling! NOW is the time

Seeing the smiles on the faces of those getting their very own bicycle is most rewarding. In the meantime look for those abandoned bicycles for us to refurbish.

Please contact Augie at amueller@binghamton.edu or 607 722 6005 to offer help!

Wheels to Meals – Tuesdays and Thursdays

There's a group of dedicated club members that ride on Tuesday and Thursday as often as they can during the riding season. Lunch is an integral part of the ride, consequently, the name Wheels to Meals. The rides are of a modest pace and vary from week to week. The average ride length is between 25 and 40 miles, but often there are shorter options. If you are available weekdays to ride, then you should give these rides a try. Details of each ride are announced via the club listserv, so you'll need to be

an STBC member and sign up at the Yahoo Group Site for the STBC group; details for each ride are announced a day or two prior. Questions? **Contact Joanie Ticknor, Cheryl Brown, or Greg Laskowski** joanie.ticknor@yahoo.com or cbrown@binghamton.edu or greglaskowski15@gmail.com for Tuesday rides, and **Pat and Carolyn Gilligan - cgilligan@stny.rr.com** for Thursday rides. We welcome newcomers, so come and join the rides!

Stop and Smell the Flowers Rides

Joanie Ticknor will lead several Sunday rides designed for new, recovering and/or occasional riders. These rides will be at a D/E pace on generally flat/rolling terrain and start out less than 20 miles. If you're a "gentle" rider for whatever reason, dig out the bike and come on out! Details of each ride are

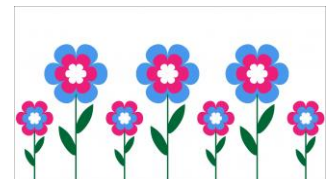
announced via the club listserv, so you'll need to be an STBC member and sign up at the Yahoo Group Site for the STBC group; details for each ride are posted the Thursday before the ride. Questions? **Contact Joanie at joanie.ticknor@yahoo.com**

Roadside Cleanups

Saturdays, April 30 and October 1 **Mark your calendar!** Join us once again make our section of NY 12 shine! Volunteers can meet at 7:30 AM (earlybirds okay) at Laura's Luncheonette, 1080 Chenango Street, for breakfast on the club (and sign up for a starting place and direction).

Or, meet at Chenango Forks Fishing Access on NY 12 (just before downtown Chenango Forks and near the old St. Rita's church) to begin the cleanup at 8:45 AM. As in recent clean-ups, equipment will be passed out at the diner, and at the Fishing Access.

Contact Mona at girllovesbikes@gmail.com ahead of time so she has a count for





2016 Great Finger Lakes Bicycle Tour • June 10-12

Registration Form

Watkins Glen State Park Hidden Valley Group Camp, NY



Welcome booth opens at 2 pm Friday. Facilities open until 4 pm Sunday. Fee includes tent or camper or RV campsite for both Friday and Saturday nights, catered meals Friday evening, Saturday morning and evening and Sunday morning in modern dining hall, Hot showers are available in two large restrooms. Fee includes maps, sag wagon support, limited repair service and parking. The event fee is refundable prior to May 28 with a \$10 cancellation fee. Current Southern Tier Bicycle Club Inc (STBC Inc) membership is required to participate. See www.southerntierbicycleclub.org and <https://www.greatfingerlakesbiketour.com> for more information about STBC Inc and the tour, including directions to the group camp.

Confirmation of your registration will be sent by email. Please be sure your email address is legible.

Please note that online registration using PayPal is available on <https://www.greatfingerlakesbiketour.com>

Name(s) _____

Address _____ City _____ State/Province _____

Zip _____ Phone(____) - Email *(Print clearly)* _____ *

Event fee until May 10 *	Age 10 and over	# participating =	x	\$92	=
	Age under 10	# participating =	x	\$57	=
Event Fee May 11-Jun 1 * (late registration)	Age 10 and over	# participating =	x	\$102	=
	Age under 10	# participating =	x	\$62	=
Event fee after June 1 * (very late registration)	Age 10 and over	# participating =	x	\$107	=
	Age under 10	# participating =	x	\$67	=
Cabin bunks (optional)	Per person	# participating =	x	\$10	=
T-Shirts - wickable (optional)	\$15 each	Men: S____M____L ____XL____ Women: S____M____L	x	\$15	=
STBC Inc Membership	Required if not a current member	Individual		\$5	=
		Family (includes children up to age 18)		\$10	=
Please indicate the number people requesting vegetarian meals = (planning purposes only)					

TOTAL EVENT, CABIN, MERFCHANDIZE and MEMBERSHIP COST = \$

* Mail registration form postmarked by the dates listed above and a check or money order (no cash) payable to: **STBC Inc., PO Box 601, Binghamton, NY 13902-0601.**

To our Canadian guests: send Postal Money order (US \$) or check in US\$ drawn on a US bank or use **PayPal** on our on-line registration at <http://www.greatfingerlakesbiketour.com>

You will be asked to sign a waiver of liability upon registration.

Questions? -- contact Dick Porterfield at 607-323-3236 or at rporterfield@gmail.com

BOB DANNECKER MEMORIAL RIDE AND PICNIC



On September 25, 2016, STBC will again hold its Bob Dannecker Memorial Ride and Picnic in Owego at the Hickories Park! The century ride will begin at promptly 7:00 AM (as daylight hours will be getting shorter) and the metric century will begin at 10:00 AM. There will be multiple routes from 15 to 100 miles

which all return to the starting pavilion. Regardless of the mileage

you would like to ride there will be an option for you! All rides are supported with sag wagon and maps. Join us for a catered picnic FREE to all STBC members (guests welcome at \$6). Please join us even if you are not riding!

The softball game which will begin at 3:00 PM. will be considered a Pick-up

Game, so you can come anytime afterwards and join in on a Team. It would be rated as a Slow Pitch, No Stealing, Fun Game. We have all the equipment and some extra gloves for those in need, but please bring whatever equipment you may have. See you there....

Check

www.southerntierbicycleclub.org in September for the latest updates.

2016 Chris Thater Memorial Races

The 33rd Annual Chris Thater Memorial Races will take place in downtown Binghamton on the weekend of August 27 and 28th. The Chris Thater Memorial is dedicated in memory of Christopher Thater, a 23 year-old cycling enthusiast and Binghamton University graduate who was killed by a drunk driver in Broome County on October 16, 1983.

In 1984, the Broome County STOP-DWI Program started an annual local bicycle race to remember Chris and to elevate public awareness of substance abuse and traffic safety. Since 1984 the event has grown from a local bike race of a couple dozen riders to a nationally recognized event and now hosts National Criterium Calendar (NCC) USA Cycling Crit racing, 5k run, and CrossFit completion.

The races attract over 1,200 participants from local athletes to world-class competitors for a weekend of non-stop racing. The STBC has supported the Chris Thater from the early years and in 2016 we will again host an information tent on Court Street as part of our community relations campaign. There will be 5 self-directed group rides starting and finishing at the STBC tent and the theme of this year's rides will focus on Southern Tier Parks. A rider sign-out/sign-in and mileage board will be posted outside the tent along with detailed queue sheets. The rides are posted on the STBC calendar.

So mark your calendar and show your support for the STOP-DWI program and our STBC mission of promoting cycling and healthy living in the Southern Tier.

Check Your Address Label

Please check the mailing label on this newsletter and if it is not current through 2016, please go to the website and register either by mail or PayPal. That will keep you active.

Sunday Morning Rides

We meet at 8 a.m. at the Park Diner on Conklin Avenue for breakfast overlooking the Rockbottom Dam: Rain/Shine/Warm/Cold. Arrive by bicycle, foot or other. After breakfast (9am) riding varies, but often includes a back roads ride to the Broome Industrial Park, returning via a variety of optional routes, including but not limited to NY 7, NY11 or the route taken out. On occasion we ride the streets of Binghamton to Dickinson and Otsiningo Park bike paths. Participant determined.



Life is like riding a bicycle. To keep your balance you must keep moving. ~ Albert Einstein

Ride Calendar Moves to Google

For 2016, the STBC ride calendar will use a Google Calendar. This replaces the Yahoo! group calendar used in previous years, to make the ride calendar more easily accessible and visible to all! Riders will also be able to 'merge' the STBC calendar with their own personal Google calendar.

The ride calendar is found by accessing the STBC website, southerntierbicycleclub.org, and then clicking on the "Ride and Event Calendar" tab. Or, here's the direct address to access the STBC ride calendar:

<https://calendar.google.com/calendar/embed?src=bike@southerntierbicycleclub.org>

The ride calendar will be periodically updated as new rides and events are submitted. Please submit your ride or event by sending the appropriate information to rides@southerntierbicycleclub.org



Southern Tier Bicycle Club, Inc. Membership Application

NAME _____ Date of Birth _____

ADDRESS _____

E-MAIL _____ PHONE (____) _____

☐ Individual (18 years or older) - \$ 5 x _____ Yrs = \$ _____ (5 yrs. max)

☐ Family (individual's spouse/partner & children under 18) - \$10 x _____ Yrs = \$ _____ (5 yrs. max)

Adult Family Member Name _____ Name(s) / ages of minors: _____

☐ Full-time student (between 18 and 23 years of age) - Free - to be renewed annually

Where a student at: _____

Make checks payable to: **STBC Inc.** - Mail to: **PO Box 601, Binghamton, NY 13902**

or

Pay on-line using PayPal at: <http://www.southerntierbicycleclub.org/membership.html>

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, INDEMNITY, AND PARENTAL CONSENT AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in Southern Tier Bicycle Club Inc. sponsored Bicycling Activities, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the conditions in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I may incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Southern Tier Bicycle Club, the LAB, its respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. And, I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I AM 18 YEARS OF AGE OR OLDER, HAVE READ AND UNDERSTAND THE TERMS OF THIS AGREEMENT, UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS BY SIGNING THIS AGREEMENT, HAVE SIGNED IT VOLUNTARILY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW. I AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

PARTICIPANT'S SIGNATURE (or Parent/ Guardian for minor under age 18)

Date: _____

LOOKING FOR NEW RIDE LEADERS AND HOW TO LEAD A RIDE

If interested in leading a ride, please contact Steve Bruno at, bike@southerntierbicycleclub.org
570-465-2169

HOW TO LEAD A RIDE

The STBC is looking for ride leaders for future club rides. All a ride leader is required to do is:

1. Pick out a route, and scout it out ahead of time.
2. Know the level of difficulty based on the ride grading so we can provide correct rating.
3. Have a starting point and time.
4. Get parking permission for your meeting place.
5. Find a sub if you cannot lead your scheduled ride.
6. Show up at least 15 minutes ahead of time.
7. Get rider signatures on waiver of liability form, and review the safety checklist with all riders. The form is available online at: www.southerntierbicycleclub.org/rides-schedule/ridesignupform.html
8. Once you've completed the ride, return the form to the STBC address.

This one runs on the fat
 and saves you money.

This one runs on money
and makes you fat.


ATTENTION

Participation in all STBC activities is at your own risk. The club cannot take any liability for personal injury or loss of property occurring during these activities. Due to the inherent dangers of riding on the highways, STBC requires the use of a CPSC, ASTM, ANSI, or Snell approved helmet and the observance of all traffic laws

RIDE CATEGORIES, SPEED, AND TERRAIN

SPEED

Speed rating (pace on level ground):

AA: Over 22 mph

A: 19-22 mph Advanced pace with few stops.

B: 16-19 mph Vigorous pace with occasional stops.

C: 13-16 mph Steady pace, rest stops every hour.

D: 10-13 mph Sightseeing pace, semi-frequent stops at key points to wait for riders.

E: Under 10 mph Relaxed pace, frequent stops to wait for everyone.

MBR: Mountain Bike Ride

TERRAIN

1. Multiple long and/or steep climbs.

2. Multiple and/or large hills.

3. Rolling with some hills.

4. Generally flat or rolling.

Ride Rating Example:

"D/4/30" 10-13 mph over flat terrain, 30 miles. If maps and/or cue sheets are provided for all riders, the leader is not obligated to wait for slower riders on **AA, A, and B rides**. Otherwise, ride leaders on all C, D and E rides are expected to keep track of riders (consider a volunteer rider serving as a sweep).

RECOMMENDED EQUIPMENT

ID, water bottles, spare tube, patch kit, pump, basic tools, food, spending money, appropriate clothing, sunglasses, and sunscreen and don't forget your helmet. Cell phones and walkie-talkies can also help to improve communications during the ride.

SHOP TALK

Well, now that some of you have not been riding your bike all winter long, this is the perfect time to check out your equipment. The sun is shining and you can't wait to get out, but your safety is important as thing on your bike will change over time.

• **Are your tires inflated to the correct pressure?**

You can find the pressure range printed on the side of each tire.

• **Is there any lube on your chain?**

Remove any accumulated road grit and moisture from the chain by turning the pedals backwards and running a rag along the chain. - Then, apply lube.

• **Are your rims clean?**

Wiping the rim's braking surface with any household cleaner on a rag and will do.

• **How do your tires look? How are your brake pads, chain and spokes holding up?**

Look things over, as components will wear down. Look closely at your tires for bald spots

or cracking or any foreign objects that may cause you to have a flat in the future.

Check to see if the brake pads still have grooves and are not worn down. Check to see if your chain is stretched and that the spokes on the wheels are tight. Grab and try to twist things like the seat and handlebars. Also, inspect your accessories like your helmet, emergency gear and lights.

As you ride with your heart – ride with your head.

-Steve – New Milford Bike



Nothing compares to the simple pleasure of riding a bike. ~ John F. Kennedy 35th

President of the United States

HAPPINESS IS



...riding a bike.

for more visit www.funnyhappyquote.com

STBC 2016 Annual Dinner
Saturday, April 23, 2016. 6 to 9 pm
at
Relief Pitcher
197 Conklin Ave
Binghamton NY 13903

Buffet Dinner with Cash Bar

Please bring a non-perishable food item or cash to contribute to CHOW from STBC
To register for the annual dinner, complete this form and mail with check payable to:

STBC to PO Box 601, Binghamton, New York 13902

FIRM DEADLINE – April 16, 2016

No last minute calls will be accepted

You may also go to the STBC website and register using Pay Pal
2016 STBC membership required to attend

STBC dinner reservation – Members, \$15.00; Guests, \$30.00 (STBC
Subsidizes the difference for membership required to attend dinner)

Email/Phone _____

Name _____ Number attending _____ X\$15.00 (member = _____)

Name _____ Number Attending _____ X\$30.00 (Guests) = _____

Total Enclosed = _____

OUT OF BOUNDS RIDES

Tour de Scranton

Sunday April 24th Five varied rides from 4 miles to 65 miles. See:

<http://tourdescranton.com>.

Tour of the Scioto River Valley

May 7-8.. Over 2,500 cyclists, 210 or 105 mile, 2 day tour. The \$ 70 basic fee includes food, places to stay, transportation of your Sleeping gear, SAG, and more. See:

"<http://tosrv.org>" <http://tosrv.org>.

The Ride to Montauk 2016

Saturday May 21st. Beautiful, flat routes for beginners and experts with distances of 30, 73, 108, and 150 miles. Adult cost is \$195-395, kids under 12 are free. See:

www.ridetomontauk.com.

Get Your Guts in Gear

June 11th one day ride, distances of 30, 62.5, and 100 miles. Beautiful views and quaint towns/villages along the Hudson River. Benefits Crohn's and Colitis; fundraising required. See:

www.ibdride.org

or: www.igotguts.org

Heritage Explorer Bicycle Tour and Festival

TBA

Pecksville, PA

Choice of 4 routes from 5-44 miles. Hybrid or Mountain bikes Recommended. See:

www.heritageexplorer.org

or www.lhva.org

Bike Virginia

June 26 – 29. The Annual Bike Virginia event.

Riders will enjoy an average of 50 miles of riding per day for 6 day.

See: www.bikevirginia.org

Tour de Ulster/Kingston

Sunday June 26th Rides of 5, 12, 25, and 50 miles. Also a 16 mile road/railtrail option. Free cookout. See: www.tourdeulster.com

Bay to Bay Ride

Sunday June 26th -Five routes between 27-104 miles. Tour the Upper Eastern Shore of Maryland and Delaware. See:

www.chestertownlions.org

Erie Canal Tour

July 10-17th Cycle the Erie Canal, a supported tour across NY State along the scenic and historic Erie Canal. 40-60 miles per day, most days on level ground. See:

www.ptny.org/canaltour/

Great Big FANY Ride

July 24-30th 500 miles across upstate New York. A camping bike tour. See:

www.fanyride.com

Annual Highlander Cycle Tour

July 23rd Bristol Mountain Ski Resort Rides from 15-120 miles, with vertical climbs of to 11,000 ft. held over Two days in the breathtaking Finger Lakes Wine Country. See:

www.highlandercycletour.com

The Bon Ton Roulet

July 23-30th Seven day, fully supported bicycle tour through the Finger Lakes region of New York State. Short and Long daily routes. See:

www.bontonroulet.com

Mass BikePike Tour

July 30-Aug 5th Supported camping tour with motel/b&b and campsite options. Starts and ends near Ayer, MA. See:

www.massbikepike.org

IDIDARIDE! Adirondack bike tour. July 31st

75 mile loop with 6,840 ft elevation gain, or shuttle supported 20 mile option with 1,340 ft elevation gain through beautiful Adirondack scenery. Four rest stops with snacks, water along the route. SAG wagon and mobile mechanical support provided. See:

www.adk.org

Finger Lakes Tour de Cure

August 13th A ride, not a race. A day full of fun and Excitement where riders of all levels join force in the fight to stop Diabetes and raise critical funds for research, education and advocacy in support of The American Diabetes Association. See: www.facebook.com/tdcflx

2016 AIDS Red Ribbon Ride

August 17-21st . Five day, 400 mile fundraising event through the Finger Lakes Region.

Fundraising required. See:

www.aidsredribbonride.org

Chris Thater Memorial Races

August 27-28th Downtown Binghamton, NY.

Benefits BC Stop DWI programs. See:

www.bcstopdwi.com/bcstopdwi/thater

Aids Ride for Life

September 10th 42, 85, or 100 mile bicycle ride around Cayuga Lake. Cyclists raise funds for the Southern Tier AIDS program so it can continue to provide supportive services to HIV+ persons and prevention education. See:

www.aidsrideforlife.org

Bike MS 150 City to Shore Bike Tour

September 24-25th Cherry Hill, NJ Various mileage options ending in Ocean City, NJ, 1 or 2 days. See: www.ms150biketour.org

STBC, INC.
P.O. BOX 601
BINGHAMTON, NY 13902-0601



Southern Tier Bicycle Club

STBC, Inc.
PO Box 601
Binghamton, NY 13902-0601

E-MAIL:
bike@southerntierbicycleclub.org

We're on the Web!

See us at:
www.southerntierbicycleclub.org

Local Bicycle Shops

Aeros Cyclery 640 Conklin Road, Binghamton • 607-724-7313

Babcock Bicycles 108-110 W. Main Street, Endicott • 607-754-0886 •
www.babcockbikes.com

BC Bicycles 215 Vestal Parkway East, Vestal • 607-785-3772

Bick Rack 409 College Avenue, Ithaca • 607-272-1010 •
www.thebikerackonline.com

Chenango Point Cycles 125 Park Avenue, Binghamton • 607-724-7481 •
www.chenangopoint.com

The Hockey Shop.....1146 Upper Front St Binghamton • 607-724-8075 •
www.thehockeyshopny.com

Gear-To-Go Tandems 1 Dahinda Road, Saranac Lake • 518-891-1869 •
www.gtgtandems.com

Main Street Bike Shop..... 3809 Main Street, Burdett • 607-342-6098 •
www.mainstreetbikeshop.com

New Milford Bike..... 910 Main Street, New Milford, PA • 570-465-2169 •
www.newmilfordbike.com

Swan Cycles..... 226 Mount Pleasant Road, Freeville • 607-277-0495

The 2016 STBC Weekend Ride Schedule

Listed are brief descriptions for all Rides – Please check the STBC Google Calendar for more details and directions to the Meets.

SAT April 2, 10:00/11:00 AM **Marathon Maple Syrup Festival** **Jim C & Regina L 607-759-3325**
C/4/38-18 - Meet at 11:00 AM at the Whitney Point High School, Whitney Point, across from McDonalds. For the longer option, meet at 10:00 AM at the Chenango Forks fishing access. This traditional ride to Marathon, NY for the Maple Syrup Festival.

SUN April 3, 11:00 AM **It's Never too Early for Hills** **Jim C 607-759-3325**
C/2/30 – Meet at 11:00 AM on CFJ Blvd. in Johnson City, NY next to the carousel for Jim's "It's never too early for hills." ride. The ride will be up past the airport to Dunham Hill and US Route 11. Bring your drinks as there are limited stop opportunities.

SUN April 3, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
D/4-3/20 - Slow paced ("D") ride on flat to some hills terrain, under 20 miles for those wanting a leisurely outing. Joanie will post the starting point and route on the STBC Listserv the Thursday prior to the ride.

SAT April 9, 10:30 AM **Sanford to Sidney River Loop** **Vinny C 607-467-5460**
C/3/40 – Meet at My Home at 1354 Rout 41 midway between McClure and Afton, NY at 10:30 AM. For those who want shorter, flatter ride you can join up in Afton or Bainbridge, NY. The route is not very hilly with moderate traffic on paved roads. Plenty food locations.

SUN April 10, 1:30 PM **Owego to Candor** **Anita W 607-227-4857**
D/4/20 – Meet at 1:30 PM at the Rite Aid parking lot in Owego, NY to traverse Glen Mary Road, then on toward Candor, NY and back at a leisurely pace. Coffee at Dunkin' Donut afterwards.

SAT April 16, 10:00 AM **Hamley Maple Ride** **Bob D 607-687-2511**
C/2/35 - Meet at Town Square, 160 Main St, Owego, NY at 10:00 AM for a hilly ride to Hamley's Maple Farm for a pancake lunch.

SUN April 17, 10:00 AM **Earth Day in PA** **Steve Br 570-465-2169**
D/3/20 – Meet at New Milford Bike, 910 Main Street, New Milford, PA at 10:00 AM, for a tribute to Earth Day 2016. Prizes will be awarded for some of the coolest recyclable items found along the route. Ride Route 11 North & the Hills of Old Route 11 back.

SAT April 23, 11:00 AM **Rag to Riches Ride** **Narani O 917-692-9340**
D/4/20 – Meet at 11:00 AM at 3 Spruce Street, Binghamton, NY for a ride thru Binghamton's 1st Ward and beyond thru the streets of the city. Experience the Binghamton poverty sections of town, to the areas of great wealth as we take in diverse neighborhoods.

SUN April 24, TBD **Earth Fest Ride** **Ride Leader Needed**

SAT April 30, 10:30 AM **Post Highway Clean Up Ride** **Ride Leader Needed**
C/4/20 – After the Highway Clean Up we will meet at the Chenango Forks Fishing Access, Chenango Forks, NY at 10:30 AM for an EASY ride along Route 79 to Whitney Point and back. Lunch in Whitney Point as decided by the group.

SUN May 1, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SAT, May 7, 10:00 AM **Cincinnatus Taylor Valley Loop** **Greg L 607-427-6298**
C/2/36 - Meet at the park just north of Cincinnatus, NY on Route 26. This loop ride on quiet country roads goes through the scenic Taylor Valley to Cortland and back to Cincinnatus by way of Route 41 and Telephone Road. Mostly flat and rolling with 1 steep hill.

SAT May 14, 3:30 PM **Sarah Jane Perquisite** **Dave W 607-316-6625**
D/4/10 – Meet at the Sarah Jane Bike Give-a-way at 3:30 PM to unwind after volunteering for our biggest community project. Enjoy an easy flat ride on a spring evening through Johnson City and Binghamton. The route has many of eating and beer options near the end.

SUN May 15, 9:00 AM **Jimay's Flea Market Express** **Augie M 607-722-6005**
D/3/26 - Meet at 9:00 AM at the South Washington Street Ped / Cyclist Bridge and Conklin Avenue, Binghamton NY. Will take the back roads to Corbettesville, NY to visit this ever growing outdoor market.

WED May 18, 7:00 PM **The Ride of Silence** **John N 607-785-1166**
D/4/8 – Join cyclists worldwide will take to the roads in a silent procession to honor cyclists who have been killed or injured while cycling on public roadways. Start and finish at the Beethoven Street parking lot of Binghamton's Recreation Park beginning at 7:00 PM.

SAT May 21, 11:00 AM **Hallstead with a Twist** **Jim C 607-759-3325**
C/3/35 - Meet at 11:00 AM at the Conklin Avenue & South Washington Street Bridge, Binghamton, NY. We'll ride to Hallstead, PA with some side hills. Snack stop in Hallstead and return US Route 11.

SUN May 22, 10:00 AM **Bridgewater / Three Lakes Loop** **Steve Br 570-465-2169**
 MBR C/1/22 – We will meet at New Milford Bike, 910 Main Street, New Milford, PA at 10:00 AM, for the Bridgewater / Three Lakes Mountain Bike Loop. We will ride the Dirt Roads and Trails in Susquehanna County, PA. Good mix ride with steady steep climbs.

SAT May 28, 10:00 AM **Tioga Downs Antique Mall & Flea Market** **Gene C 607-341-8021**
 C/3/24 – Meet at Glendale Park, Endicott, NY at 10:00 AM and ride west on 17C to Tioga Downs. The route is flat with one hill west of Owego. Visit the flea market, grab a snack and return to Glendale Park by way of Rt 17C or return B/2/32 – which is the Hill Option.

SUN May 29, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SAT June 4, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SUN June 5, 11:00 AM **River Road Loop** **Regina L 607-222-8235**
 C/4/22 - Meet at 11:00 AM at Confluence Park, Binghamton, NY where the Chenango and Susquehanna Rivers converge. We will ride north along the River Walk, and at the River Road loop, split into clockwise and counterclockwise groups for interest.

F, S & S June 10, 11 & 12 **Great Finger Lake Bicycle Tour** **Richard P 607-648-6081**
 The STBC will host the GFLBT at the Hidden Valley Campground - <https://sites.google.com/site/greatfingerlakesbiketour/home>

SAT June 18, 9:00 AM **Owasco Lake** **Paul N 607-727-4186**
 C/2/35 – Meet at 9:00 AM in Moravia, NY at the high school on Route 38. Ride Route 38 to Route 38A in Auburn, NY. Pickup Rockefeller Rd which takes a scenic country road with fantastic lake overlooks. Then we will take Sam Adams Rd. back to Moravia.

SUN June 19, 1:00 PM **New England Back Road** **Dominic S 607-748-3824**
 C/4/20 - Meet at 1:00 PM at the West End of the Vestal Rail Trail parking lot at Castle Gardens, Vestal. We will ride Route 434 to Marshland Road in Owego, NY. There will be a rest stop at the boat launch on Marshland Road and we will return via Route 434

SAT June 25, 10:00 AM **Cannonsville Reservoir Sojourn** **Sherry B 607-648-4608**
 C/2/54 or 34 - Meet at 10:00 AM at the Wendy's parking lot in Deposit, NY or at Trout Creek Fishing Access at 11:00 PM for those that want a shorter 34 mile ride. Ride through the reservoir and watch for bald eagle sighting. Lunch is in Walton with optional routes back.

SUN June 26, 10:30 AM **Skaneateles Lake Loop** **Greg L 607-427-6298**
 C/3/40 - Meet at 10:30 AM in the park of Scott, NY at the southern end of Skaneateles Lake. Ride a scenic circumference of Skaneateles Lake at a moderate pace with rolling hills and a spectacular 5 mile downhill finale. We will stop for lunch at the north end of the Lake.

SAT July 2, 10:00 AM **The Triangle Valley Ride** **Logan H 607-656-9842**
 C/3/35 – Meet at the Great American parking lot in Greene, NY at 10:00 AM. We will ride to Smithville Flats, NY via Route 2 and 41 for inspiring panoramic view. Experience gentle rolling hills to Triangle, NY for a break. Then past Black Bear Winery back to Green.

SUN July 3, 10:00 AM **Candor to Brooktondale** **Karen K 607-239-9691**
 C/3/28 – Meet at 10:00 AM at the Candor High School, Candor, NY and ride to Brookton's Market, Brooktondale, NY via Coddington Road and return on White Church Road for a very scenic, rolling loop. Lunch and/ or snacks at Brookton's Market.

SAT July 9, 2016 10:00 AM **Binghamton Music & Jazz Fest Rides** **Gene C 607-341-8021**
 C/3/21 - Meet at the Binghamton Music & Jazz Festival stage on the corner of Court St. and State St. in Binghamton, NY at 10:00 AM for the River Road Loop counter clockwise, and return on Chenango Street This is an easy ride with a few small hills at an easy pace. Additional B/2/39 - This ride jumps off at Kattleville and ride to Chenango Forks, Haupersville and to Nathaniel Cole Park, and back

SUN July 10, 10:00 AM **Manataka Lake** **Caroline S 570-575-7473**
 MBR C/3/25 – We will meet at 10:00 AM at Lackawanna State Park on PA 407, in Benton Township, PA at the first cul-de-sac on the left near the handicapped fishing dock. Ride in Lackawanna State Park as well as over 3 miles of recently constructed Countryside Conservancy Trolley Trail with a hard packed, ride able surface. The views are awesome and we'll be on both paved and dirt roads.

SAT July 16, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SUN July 17, 9:00 AM **Whitney Point to Cortland** **Dick P 607-323-3236**
 C/3/50 - Meet at 9:00 AM at Whitney Point High School in Whitney Point, NY and ride to Cortland, NY via Greek Peak with return via Marathon, NY for 50 miles with 1,140 feet of climbing. Beautiful view from the hilltops between Virgil and Cortland for lunch.

SAT July 23, 10:00 AM **Trout Pond Loop** **Rick M 607-237-1147**
 MBR D/2/13 - Meet at the Trout Pond Trail Head parking lot at 10:00 AM for a 4 mile climb on dirt roads and jeep trails through the forest. Take a break at the top before a 2 mile downhill run to Trout Pond and then, the downhill on a fire access road back to the start.

SUN July 24, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SAT July 30, 10:00 AM **The L'Amore Loop** **John N 607-785-1166**
C/3/31 - Meet at George W. Johnson Park in Endicott, NY at 10:00 AM. We will ride to Route 17C and head west to Owego. Then we will ride our way to Gaskill Rd into some hills eventually descending into West Corners and back to GFJ Park. Lunch will be at Joey's.

SUN July 31, 10:00 AM **Historic D & H Rail Trail** **Lynn C & Deb M 570-679-9300**
MBR D/4/20 – Meet at 10:00 AM at Cable's Deli which is right at the Rail-Trail Office and Union Dale Trailhead, Union Dale, PA for a flat "Historical Narrated Ride" down the D & H Trail to Simpson and back. Trail is improved hard pack suitable for hybrids and mountain bikes. Enjoy a relaxed and educational adventure into the past days of the Delaware and Hudson Railroad. Also 2 Geo Cache.

SUN Aug 7, 11:00 AM **Binghamton to Hallstead Loop** **Regina L 607-222-8235**
C/4/34 – Meet at 11:00 AM at Confluence Park, Binghamton, NY where the Chenango and Susquehanna Rivers converge. We will ride south on Conklin Ave. to Hallstead, PA for a break and return on Court Street, taking a loop around the downtown roundabout.

MON Aug 8, 9:00 AM **Owasco Lake Ride** **Steve Br 570-465-2169**
C/3/50 – We will meet at Fillmore Glen State Park, Moravia, NY at 9:00 AM and head North up the West Side of Owasco Lake and cross over to Skaneatele, NY for lunch. Then do the West Side of Skaneateles Lake and cross over to Owasco Lake and back to Moravia.

SAT Aug 13, 10:00 AM **The Quality 50 for Hill Lovers** **Logan H 607-656-9842**
C/2/50 - Meet at the Great American parking lot in Greene, NY at 10:00 AM for a ride past Coventry to meet Route 27 to head north. Experience multiple climbs before the downhill into Oxford, NY for lunch. After we have a long, climb heading west on Route 220 which circles through McDonough, NY and Smithville Flats. Then a final up and down on Route 41 to end our journey back in Greene.

SUN Aug 14, 11:00 AM **JC to Whitney Point** **Jim C 607-759-3325**
C/2/45 - Meet at 11:00 AM at CFJ park Johnson City, NY (in front of Walmart). Ride past the airport down Leekville Road to Whitney Point, NY for a snack stop and return US Route 11.

SAT Aug 20, 9:00 AM **Binghamton Bridge Pedal & Ice Cream Contest** **Augie M 607-722-6005**
D/4/7 - Meet at 9:00 AM at the Center for Technology and Innovation. 321 Water Street, Binghamton, NY for a Fund Raiser Ride.

SUN Aug 21, 10:00 AM **After Breakfast Ride** **Steven Ba 607-754-4756**
C/3/20 – We will meet at 10:00 AM at Sandy Beach in Conklin, NY and ride the back modest hills to Little Snake River to check water quality, then on to Jimay flee market. Then back to Kirkwood, NY to Route 11, then over to Route 7 to get back to Sandy Beach.

SAT Aug 27, Varies **Chris Thater Memorial Rides** **Gene C 607-341-8021**
The STBC will setup a tent on Court Street, Binghamton, NY from 9:00 AM to 6:00 PM. Volunteers are always welcomed. There are 3 self-directed rides starting and finishing at the STBC tent. The theme of these rides will focus on Southern Tier Parks.
B/2/48 - 9:00 AM - Hickory's Park / Owego – 48 miles / Challenging hills
D/3/26 – 10:00 AM - Carousel Circuit (ride 6 Carousels) – 26 miles / Easy ride and few hills
C/1/28 - 1:00 PM - Vestal Hills – Jones Park / Arnold Park / Bing. Uni. – 28 miles / Challenging hills

SUN Aug 28, Varies **Chris Thater Memorial Rides** **Gene C 607-341-8021**
The STBC will setup a tent on Court Street, Binghamton, NY from 9:00 AM to 1:00 PM. Volunteers are always welcomed. There are 2 self-directed rides starting and finishing at the STBC tent. The theme of these rides will focus on Southern Tier Parks.
C/2/60 - 9:00 AM - Glendale Park / Greenwood Park – 60 miles / Challenging hills
D/3/2010:00 AM - Otsiningo Park / River Road / Chenango St Loop – 20 miles / Easy with few hills

SAT Sept 3, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SAT Sept 10, 9:30 AM **Colorscape Chenango Arts Festival** **Joe W 607-693-2426**
C/3/22 - Meet at the Great American parking lot in Greene, NY at 9:30 AM for ride to Norwich, NY via Route 32. The time spent at the event is determined by the group. Mostly flat with a few modest hills. Some have met family at the venue and driven back.

SUN Sept 11, 10:00 AM **Smithville via Willet** **Dick P 607-323-3236**
C/3/40 - Meet at 10:00 AM at Chenango Forks Fishing Access, Chenango Forks, NY at Route 12, near Route 79 and ride to Smithville Flats via Willet, NY for 40 miles with 1,000 feet of gradual climbing. We will stop at the store in Smithville Flats for drinks and snacks.

SAT Sept 17, 11:00 AM **Bullthistle Ramble, Norwich** **Jim C 607-759-3325**
C/3/50 - Meet at 11:00 AM at the South Broad Street park across from McDonalds on NY Route 12 in Norwich, NY. We'll ride through Sherburne, Smyrna and South Plymouth, snack stop along the way.

SUN Sept 18, 10:00 AM **Now this is Sweet** **Nikki B 814-722-2908**
 MBR D/1/18 – Let's meet at the Bike Shop in New Milford, PA for an endless surprise MTB Ride. You will be trilled and excited.

SAT Sept 24, 10:00 AM **Butternut Valley** **Eric C 607-760- 3731**
 C/3/47-31 - Meet at the McDonalds in Sidney, NY at 10:00 AM to enjoy the Butternut Valley on a ride from Sidney, thru Gilbertsville, NY to Morris, NY for lunch. For the shorter ride, meet at the Mt. Upton Park at 11:00 AM where we will pick up you up.

SAT Sept 24, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SUN Sept 25, All Day **Bob Dannecker Memorial Ride & Picnic** **Nancy B 607-237-6952**
 Join us for a day of rides, food, and camaraderie! All rides are loops that start from Hickories Park in Owego, NY. The century ride will begin promptly at 7:00 AM and the metric century will begin at 10:00 AM. Please watch the listserv for more details.

SAT Oct 1, 10:30 AM **Post Highway Clean Up Ride** **Ride Leader Needed**
 C/4/20 – After the Highway Clean Up we will meet at the Chenango Forks Fishing Access, Chenango Forks, NY at 10:30 AM for an EASY ride along Route 79 to Whitney Point and back. Lunch in Whitney Point as decided by the group.

SUN Oct 2, 11:00 AM **Cannonsville Reservoir - in search of eagles** **Regina L 607-222-8235**
 C/3/37 - Meet at 11:00 AM at Trout Creek Road Fishing Access at corner of Route 10. We will see and learn about Eagles. Ride along the reservoir to Walton for lunch. We then have to climb up West Road and Route 206, then down Route 47 back to Trout Creek Road.

SAT Oct 8, 10:30 AM **Richford, Greek Peak, Marathon Loop** **Greg L 607 427-6298**
 C/2/36 – Meet at Michigan Hill State Forest at 10:30 AM for a nearly total rural road ride past Greek Peak to Marathon, NY where we can refuel. Mostly rolling hills until a sustained climb out of Marathon on the return leg of the ride

SUN Oct 9, 10:00 AM **\$1,000,000 MTB Ride** **Steve Br 570-465-2169**
 MBR D/1/25 - Will meet at New Milford Bike at 10:00 AM and take the Highland Road up into the PA Game Lands to the \$1,000,000 Highway. Mountain Bike through backwoods and nature then roll along the Susquehanna River before getting into the hills back home.

SAT Oct 15, 10:00 AM **MWS Race Team's Country Excursion** **Rachel S 407-267-8296**
 MTB D/1/12 – Meet at the corner of William's Pond Road & Route 706 and ride to Heart Lake, to pick up the Endless Mountains Riding trail to the Alford Station Then head home on Dirt Roads by way of Lake Chrisann to Heart Lake. Steep climbs and rough terrain. Fun !

SUN Oct 16, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SAT Oct 22, 10:00 AM **Downsville-Delhi-Pepacton Reservoir** **Eric C 607-760- 3731**
 C/2/55 – We will meet at the Downsville Central School on Route 30 in Downsville, NY at 10:00 AM for a gentle paced ride through this lovely area. Will stop near Delhi, NY, then to Andes, NY for lunch. Then a quiet ride along the Pepacton Reservoir, to Downsville.

SAT Oct 29, 10:00 AM **Philly in the Fall** **Steve Br 570-465-2169**
 C/4/50 - We will meet at the Chamounix Mansion, Fairmount Park, Philadelphia at 10:00 AM to begin a Foliage Fest to Valley Forge on a flat Paved Trail along the Schulykill River. We will return back home via the East Side of the River to explore the City Sights.

SUN Oct 30, 12:30 PM **Stop and Smell the Pumpkins** **Joan H 607- 729-9352**
 D/4/22 - We will meet at Rite Aid Drug Store, Main Street, Owego, NY at 12:30 PM for the annual Halloween ride.
 Ride to Iron Kettle Farm for ice cream or hot chocolate. Check out the goats, pumpkins and fall fun. Costumes optional!

SAT Nov 5, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

SUN Nov 6, 1:30 PM **Whitney Point to Willet, NY** **Augie M 607-722-6005**
 C/3/25 - Meet at 1:30 PM at the Whitney Point High School, Whitney Point, NY. Ride the Bicycle Paths and the scenic back roads.

SAT Nov 19, 1:30 PM **Stop and Smell the Flowers Ride** **Joanie T 607-349-3775**
 D/4-3/20 - Slow paced, flat to some hills. Will post the starting point and route on the Listserv, the Thursday prior to this ride.

THUR Nov 24, 8:00 AM **16th Annual Cranksgiven** **Steve Br 570-465-2169**
 D/4/20 - Meet at Jane's Diner, 591 Conklin Ave, Conklin, NY at 8:00 AM, for the 16th Annual Cranksgiven Ride to Pennsylvania via Route 7 South to Hallstead, PA and then back on Route 11, to Jane's Diner for breakfast. Ride the bike of your choice and enjoy.

If you would like to lead a ride at any time during the year, please contact Steve at bike@southerntierbicycleclub.org Thanks.